

Tour de Lake

**BICYCLE CHALLENGE AROUND LAKE HOPATCONG
FUNDRAISER FOR THE MT. ARLINGTON FRATERNAL ORDER OF POLICE**

APRIL 23RD, 2006

REGISTRATION: 8:30 AM TO 10:15 AM

START TIMES:

40 MILE - 9:30 AM

20 MILE - 10:30 AM

**START/FINISH & PARKING AT THE MT. ARLINGTON CIVIC CENTER
NORTH GLEN AVE & FERN PLACE, MT. ARLINGTON, NJ 07856**

PRE-REGISTRATION (POST MARKED BY APRIL 17TH) \$25

PRE-REG ALSO AVAILABLE ON WWW.BIKEREG.COM

DAY OF EVENT REGISTRATION \$30

LIMITED TO 50 RIDERS FOR EACH DISTANCE, PRE-REG RECOMMENDED

**ENTRY FEE INCLUDES ORGANIZED RIDE, RIDE SUPPORT,
LIGHT BREAKFAST, AWARDS, HOMEMADE SOUP & CHILI AND
EVENT TEE SHIRT (IF PRE-REGISTERED)**

**COME OUT AND ENJOY A FUN DAY ON THE BIKE AROUND SCENIC LAKE HOPATCONG. THE COURSE
WILL GO CLOCKWISE AROUND THE LAKE AND CONSIST OF 19.7 MILES OF ROLLING TERRAIN. THIS
COURSE IS NOT FLAT, BUT THERE ARE NO MONSTER HILLS TO DISCOURAGE THOSE WHO ARE
LOOKING FOR AN ENJOYABLE RIDE. EVERYONE WILL RECEIVE THEIR FINISHING TIME AND WILL BE
RANKED IN THEIR RESPECTIVE CATEGORY. RIDE FOR FUN OR GO FOR THE TOP TIME!**

******RETURNING FOR APRIL 2006 WILL BE THE 40 MILE 'TOUR DE LAKE PLUS'. A HILLY 40
MILE COURSE THAT INCLUDES A CHALLENGING 20 MILE EXTENSION ADDED TO THE MIDDLE
OF THE TOUR DE LAKE ROUTE******

ALL TRAFFIC LAWS MUST BE OBSERVED. HELMETS ARE MANDATORY AT ALL TIMES.

CATEGORIES:	TOUR DE LAKE - 20 MILE	MALE	FEMALE
	TOUR DE LAKE PLUS - 40 MILE	MALE	FEMALE

CONTACT THE EVENT COORDINATOR AT 973-600-5332 FOR FURTHER INFORMATION

**DETACH THIS PORTION AND MAIL TO: TOUR DE LAKE, 17 SADDLE RIDGE RD, ANDOVER NJ 07821
MAKE CHECKS PAYABLE TO: MT. ARLINGTON FOP**

NAME: _____ PHONE: _____

TEE SHIRT SIZE (FOR PREREGISTERED RIDERS ONLY): _____

CATEGORY:	TOUR DE LAKE - 20 MILE:	MALE	FEMALE
(CIRCLE ONE)	TOUR DE LAKE PLUS - 40 MILE:	MALE	FEMALE

THIS EVENT WILL BE HELD RAIN OR SHINE. ALL REGISTRATIONS WILL NOT BE SUBJECT TO REFUND.